

# NEWSLETTER FOR PASTORAL UNIT 1



## St Nicholas Parish

Mass Time  
Sunday 10.00am  
**Parish Live Streaming of Masses**  
from St Nicholas Church; log onto  
<https://www.churchservices.tv/limerickstnicholas>  
or via the parish website; [www.saintnicholasparish.ie](http://www.saintnicholasparish.ie)

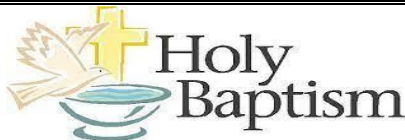


## St Mary's Parish

Mass Times  
Saturday Vigil 5.00pm Sunday 11.30am  
Monday to Friday Morning Mass 10.00am  
**Parish Live Streaming of Masses**  
from St Mary's Church; log onto  
<https://www.churchservices.tv/limerickstmaryscatholicchurch>

*Saturday 8<sup>th</sup> & Sunday 9<sup>th</sup> February 2025 Year of Hope*

**Clergy Contact Fr Richie Davern 0872977500**  
**Salesian Sisters 061-348510**



Baptisms are held in **St Nicholas Church** on the last Saturday in the month.  
Baptisms are held in **St Mary's Church** on the 1<sup>st</sup> & 3<sup>rd</sup> Saturday of the month at 4pm  
*Contact the Parish Office for more information and a Baptism Enrolment form.*



**St Nicholas Parish Office**  
Open Monday & Thursday 9.30am -1.30pm  
Email: [saintnicholasparishoffice@gmail.com](mailto:saintnicholasparishoffice@gmail.com)  
Phone: 061-341300  
**St Mary's Parish Office**  
Open Wednesday & Friday 10.30am-1.00pm  
Email: [stmarysparishlk@outlook.com](mailto:stmarysparishlk@outlook.com)  
Phone: 061-416300

You can contact the office if you wish to book a mass, order a cert or leave in your offerings to support your church. With Sympathy Mass cards & Mass Bouquet cards are also available from the Parish Office

**PARISH FACEBOOK:**  
[www.facebook.com/Saintnicholasparish/](https://www.facebook.com/Saintnicholasparish/)  
[www.facebook.com/p/St-Marys-Catholic-Parish-Limerick](https://www.facebook.com/p/St-Marys-Catholic-Parish-Limerick)

## Parish News

We encourage local groups in the area to avail of the Weekly Newsletter to promote upcoming events  
To include your notice, please send details for both parishes to [saintnicholasparishoffice@gmail.com](mailto:saintnicholasparishoffice@gmail.com) with NEWSLETTER in the heading  
**Our Newsletter is printed every Thursday at 12noon.**  
**Items received after this time will not be included**

Information and Support for Birth Mothers whose babies were placed for adoption may be found at [www.birthinfo.ie](http://www.birthinfo.ie) or by calling TUSLA at +353818445500



*We offer our condolences to the family of*  
*Mary Ryan née Kelly R.I.P.*  
*Michael McGrath R.I.P.*  
*Denis Murphy R.I.P.*  
*Stephen O'Donoghue R.I.P.*  
*Sr. Marie-Thérèse Courtney R.I.P.*  
*May they rest in eternal peace, Amen*

### Mass Intentions St Mary's Church

#### Saturday 5.00pm

Dominick Moloney (M.M.)  
Joseph Phylan (1<sup>st</sup> Anniv)  
Rose Shinnors Fogarty (20<sup>th</sup> Anniv)  
Paul Doran (12<sup>th</sup> Anniv)

#### Sunday 11.30am

Pa Patrick O'Donnell (1<sup>st</sup> Anniv)  
Jack O'Sullivan (19<sup>th</sup> Anniv)  
Mary Madden (1<sup>st</sup> Anniv)  
Brendan Peters (5<sup>th</sup> Anniv)  
Cyril Peters (Birthday Rememb.)



### Mass Intentions St Nicholas Church

#### Sunday 10.00am

George Ryan (5<sup>th</sup> Anniv)  
Baby Caoimhe Mulcair (Anniv)  
Thanksgiving Intention

### Prayer for the sick:

Let us continue to pray for those who are ill at this time, those who are preparing for and awaiting results of tests and those in hospital. Lord Jesus, you are the true friend of all those who suffer anguish and pain in spirit, mind or body. Please share with them now the gift of your consoling love.

### Prayer for when I can't receive Holy Communion

#### Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

**Parish Pastoral Council** meet on a monthly basis. If you would like to raise any items/ issues or suggestions at a meeting, please send by email to the relevant Pastoral Council  
 St Nicholas Parish Pastoral Council email: [PPCStNicholas@gmail.com](mailto:PPCStNicholas@gmail.com)  
 St Mary's Parish Pastoral Council email: [stmarysparishlk@outlook.com](mailto:stmarysparishlk@outlook.com)



Weekly Offering

The total collection for the weekend 1<sup>st</sup> & 2<sup>nd</sup> February 2025 amounted to €1219 in St Mary's Church (including donations to Shrines)  
 € 940 in St Nicholas Church

**We are very thankful for your continued generosity, and grateful for your loyalty and support.**

**Diocesan Needs Collection** will be held next weekend. This collection is forwarded to the Diocesan Office and used to fund central support services to parishes of our Diocese.

**Making a donation to the church by bank transfer**  
**St Mary's Church Account**  
 IBAN: IE11 AIBK 9352 4794 4621 73 BIC: AIBKIE2D  
**St Nicholas Church Account**  
 IBAN: IE84 BOFI 9045 9525 8744 17 BIC: BOFIE2D

**St Nicholas Parish Meditation Group**

"...Let us go to a quiet place and rest a while ...."  
 Our parish meditation group meets every Tuesday at 10.45am in St. Nicholas' prayer chapel.  
 Everyone is welcome.



**ADORATION OF THE BLESSED SACRAMENT**  
 St Mary's Church  
 Wednesday 10.30am-11.30am  
 (after Mass)

**St. Nicholas Flame of Love Cenacle**

Tuesday 7.00-8.00pm St Nicholas Prayer Chapel  
 New members welcome, under 18's cannot be facilitated until further notice. For more information; [www.flameoflove.ie](http://www.flameoflove.ie) or call Rachel 0857536504.

**Bereavement Support Information**

**Talk will take place in Milford Care Centre, V94 H795, Education Department on Tue 25<sup>th</sup> Feb 7pm - 8.30pm.**  
 The Bereavement Information Talk is designed to give general information on grief and bereavement to bereaved people, their family and friends. Members of the Bereavement Service will be present to provide general information on Grief and Bereavement. The evening will comprise of: Short talk by a Bereavement Counsellor, Different experiences of Grief, Services available, Question Time. The Information Talk is Free. No booking required, Check in from 6.40pm

**Calling for Volunteers to care for the Altar Linen**

St Nicholas Church is looking for volunteers to care for the Altar linen. If you are in a position to offer this service, please let Patricia or Maura know.

**HOLY HOUR FOR VOCATIONS**  
 PRIESTHOOD - MARRIAGE - RELIGIOUS LIFE

**ST. JOHN'S CATHEDRAL LIMERICK**

**7:30-8:30pm**  
**19 FEBRUARY**  
**19 MARCH**  
**30 APRIL**  
**21 MAY**

[vocations@limerickdiocese.org](mailto:vocations@limerickdiocese.org)

EVE STAFFORD PRESENTS

**Lovebirds**

Saturday 22<sup>nd</sup> February  
 Saint Mary's Cathedral, Limerick

Love songs & duets  
 by chandelier light  
 Fiona Linnane, piano  
 Anna Jane Ryan, violin  
 and special guest  
 Eoin Hynes, Tenor

8pm | Tickets €27.50  
[www.evestafford.ie](http://www.evestafford.ie)  
 Call for tickets 0857055526

*The Gentle Breath*

In the hustle and bustle of daily life, it's easy to forget the power of simply breathing. I invite you to come join me, and remember how to pause, reconnect, and experience the art of gentle breathing in a peaceful, supportive space.

**What to Expect:**

- Learn calming breathing techniques that help reduce stress and promote mindfulness.
- Deepen your connection to the present moment.
- Enhance your emotional well-being and cultivate inner peace.

Commencing: Monday 11<sup>th</sup> March 7-8.30pm for 4 weeks  
 Venue: St. Nicholas Parish Hall, Westbury

Whether you're new to meditation or looking to deepen your practice, this program is for you. Together, we'll explore how the simple act of breathing can transform your mental and physical state, bringing clarity and calm to every part of your life.

**Come join me and discover the power of breath.** Feel free to reach out with any questions or to register interest:  
[sharon@thegentlelifestyle.com](mailto:sharon@thegentlelifestyle.com)  
 087-2713921